COVID-19 Update For March 22, 2020: DPH Announces Eleven Additional Positive Cases

The Delaware Division of Public Health (DPH) is providing an update on the number of positive cases of coronavirus disease 2019 (COVID-19) reported in the state.

There have been 56 total laboratory-confirmed cases in the state since March 11. This includes 11 additional cases since yesterday. Of the Delawareans diagnosed with COVID-19, 39 are from New Castle County, five are from Kent County, and 12 are from Sussex County. Of these cases, 30 are male and 26 are female. The individuals range in age from 14 to 80. Six individuals are currently hospitalized; three are critically ill. To protect personal health information, DPH will not be disclosing additional information about the individuals. DPH cannot confirm specific information even if other entities choose to make their own announcements.

The source of exposure for many of these positive cases is unknown, which indicates community spread of the virus is occurring in the state.

If you think you have been exposed to someone with COVID-19, or have symptoms of illness, make sure to distance yourself from others, especially vulnerable populations. This includes people 60 years of age and older; people with serious chronic health conditions such as diabetes, lung disease, heart disease; or those who are immunocompromised.

For individuals who are sick, particularly with fever and cough, or shortness of breath, stay home and contact your primary care provider for guidance regarding symptoms and next steps.

Governor John Carney, along with the Delaware Department of Health and Social Services (DHSS), announced on Friday, a coordinated statewide plan to ensure individuals with symptoms consistent with coronavirus disease 2019 (COVID-19) have access to safe and efficient testing in Delaware. Implementation of this plan will begin on Monday, March 23.

For those who have been tested for the virus, please note that the DPH Call Center does not have test results. Individuals awaiting test results, should wait to hear back from their medical provider.

Many individuals infected with COVID-19 recover by resting, drinking plenty of liquids and taking pain and fever-reducing medications. However, illness can be severe and require hospitalization in some cases.

Delawareans with general questions about COVID-19 or their exposure risk can call the Division of Public Health's Coronavirus Call Center at 1-866-408-1899, or 711 for individuals who are hearing-impaired, from 8:30 a.m. to 8 p.m. Monday through Friday, and 10 a.m. to 4 p.m. Saturday and Sunday. Questions can also be submitted by email at DPHCall@delaware.gov.

DPH will continue to update the public as more information becomes available. For the latest on Delaware's response, go to de.gov/coronavirus.